



## Joanne Bird

*Treasurer*

Joanne was diagnosed with lipoedema just over eight years ago, after being told to go on a diet on numerous occasions and being told she had both gout and a blockage in her hips. Joanne struggled on for two years until the pain became so unbearable she visited to the local lymphodema clinic, "I recall being told that there was no help available by way of support groups, which was upsetting". That's when she met Cara, who introduced her to support groups which, as she says, "literally changed my life overnight". She is passionate about helping out her fellow lipoedema sufferers and hopes one day to make it her full time job.

Get in touch  
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